

Please delete the present Abstract of the Disclosure.

Please add the following new Abstract of the Disclosure:

A portable shoehorn that can be easily and quickly be used by a user to put on his/her shoes, scratch his/her back when itchy, and massage a part of his/her body when stress is to be relieved. In the portable shoehorn 1, a plate member, which is bent in the breadth direction, is also bent in the longitudinal direction approximately like a bow into a slender plate to form a shoehorn and a grip section 1a is fold into two at the central portion to reduce the total length approximately by half. A backscratcher 2 is formed at the tip of the grip section 1a and an elastic body 3 for patting the body is mounted attachably/detachably to the backscratcher 2 and to the shoehorn portion 1b of the shoehorn section.